# **Program Committee Meeting**

Meeting date: Monday, July 12, 2021 Meeting time: 5:07pm – 6:25pm

Meeting location: 2 Oak Street, Norwalk

**Recorder:** Ashley Morrow

#### **Committee Members Present:**

	Katie Chieda, Board Chair - excused	X	Lenora Minor
X	Amber Boldman, Committee Chair	X	Mike White
	Julie Landoll - excused	X	Silvia Hernandez
X	Laura M. Wheeler		

#### **Board Staff Present:**

X	Kristen Cardone, Executive Director	X	Ashley Morrow, Administrative Assistant

## **Unfinished business/updates:**

- Board Seats/Positions
  - o Open Board Seats
    - Ms. Cardone shared that the Board still has two open Board seats. Ms. Cardone has received two applications and has sent them both to the Huron County Commissioners for review. Board staff continues to promote the open seats on social media and the newspaper.
    - Ms. Cardone shared that Ms. Dorothy Ruffer is also resigning from the Board, not immediately but is waiting for the Board to find a replacement for her seat.
    - Ms. Cardone asked committee members to please let her know if they have any individuals in mind who would be interested in serving on the Board.
- Mobile Response and Stabilization Services (MRSS) funding
  - o Ms. Cardone shared that the Board's application to the state for MRSS funding was not approved. However, this is a needed service and a required service through OhioRise so Ms. Cardone is working with Family Life Counseling on how to implement it and identify where the funding will come from. Ms. Cardone will keep committee members updated on progress.
- ORC language update (Attachment I)

o Ms. Cardone shared an update on the ORC language approved by the state with committee members. A copy of the ORC language is in Attachment I. The language change will only potentially impact five counties in the state.

### Monthly presentation

o Ms. Cardone shared that a contracted agency will come in each month to present at the Board meetings and Reach Our Youth will be presenting at July Board meeting.

#### • Executive Session

o Ms. Cardone shared the Board will go into Executive Session at the Board's next meeting and Mr. Randal Strickler, the Board's legal representative, will be in attendance.

## • Open House

o Ms. Cardone shared that the Board's Open House is scheduled for July 24<sup>th</sup> from 10am-12pm. Mr. Sharpnack has donated three billboards for the Board to promote the Open House which is greatly appreciated. Food by Catering By Design, Wescott's Shaved Ice, chair massages, guided meditation, and chair yoga will all be made available for those in attendance.

# August Board Meeting Dinner

o Ms. Cardone shared that she would like to hold a dinner for Board members before the August Board meeting to get reacquainted due to not meeting in person this past year and having many new Board members. Committee members were in support of this.

# • Conference call number for Board meetings

o Ms. Cardone shared that she plans to have a conference call number for the public to attend the July Board meeting and hopes the Board's technology will be installed next month so that the public can attend virtually in August.

#### **Discussion Items:**

- Tablets/Chromebooks (motion)
  - o Ms. Cardone discussed that many other Boards in the state have tablets or Chromebooks for Board members to organize minutes, agendas, and emails. Ms. Cardone asked if Board members would find the technology beneficial.
    - Some members stated they already have technology to use but maybe other Board members would be interested.
    - It was suggested to buy a couple Chromebooks and then have Board members sign them out if they need or want them.
- OACBHA Mini-Grant (Attachment II, motion)
  - o Ms. Cardone shared that the Board has received the OACBHA Mini-Grant the last two years. The funding is for recognition and appreciation of first responders. The committee was in support of the Board applying for this funding again.
    - Ms. Laura Wheeler asked if that would include hospital staff as well.
      - Ms. Cardone stated that yes it can. Additionally, Board staff has done multiple outreaches this past year and created a page on the MHAS website to reach out and support medical staff and first responders and will continue to come up with ways to support and show appreciation. Ms. Cardone stated that due to the small amount of funding received, the Board may need to approve additional levy funds to utilize for this if we decide to add additional groups of people.

# Recovery House

o Updates (appraisals)

- Ms. Cardone shared that both appraisals for the recovery house have come in and the state stated that they will only pay up to the lowest appraisal price received. The lowest appraisal came in at \$183,000.00. To follow through with the purchase of the building the Board will need to make up the difference between the appraisal and the agreed purchase price.
  - Ms. Lenora Minor asked about furnishings for the house.
    - o Ms. Cardone shared that the Board will purchase the furnishings for the house or furnishings can be donated.
      - Committee members discussed options for donations such as the Bed Brigade, Norwalk Furniture, individuals in need of community service, as well as utilizing Amazon Wishlist.

### Funding (motion)

- Ms. Cardone shared that the renovation budget for the recovery house currently is \$158,000.00 and includes all the renovations the Board identified as well as the items identified through the inspection. Ms. Cardone shared that the state recommended adding \$25,000.00 to the total amount requested due to the roof that is needed but the Board would need to provide 50% of the amount as a match. Ms. Cardone shared that the additional funds may not be utilized but the funds would be there if needed.
  - The committee had no concerns on the additional funds.

## o Provider (motion)

- Ms. Cardone shared that Family Life Counseling & Psychiatric Services (FLC) presented last week as a potential service provider of the women's recovery house. (Note: FLC currently operates the House of Hope, a men's recovery house in Willard Ohio)
  - Committee members discussed concerns regarding the presentation including topics such as the Senior Resident in the house, medication assisted treatment, and the intake process.
    - O Some of the concerns included the length of time needed to determine who a Senior Resident will be due to the necessity of the individual maintaining a significant period of sobriety, understanding their position in the house, knowing the other residents, and building a relationship with the service provider of the home. Additional concerns were the Senior Resident living on site and being involved in the intake process and conducting urine screens in the house.
    - Additional concerns discussed include the medication process and what medications are approved for use in the house. Ms. Amber Boldman shared that other recovery houses do not allow for certain medications to be used and medication assisted treatment (MAT) such as Suboxone should only be permitted in a facility that houses pregnant women. Ms. Boldman shared that the reasoning for not allowing certain medications or MAT is that the "phenomenon of craving" will not be taken away while residents are still taking medications such as suboxone or methadone. Ms. Boldman stated her concern is that residents will never get a clear mindset and more men and women are in detox for suboxone withdrawal than any other drug. In addition, Ms. Boldman's concern is that residents will be less likely to heal and get healthy while still dependent on something else.
    - An additional concern was the requirement for 14 days of sobriety in order to go through the intake process.
       Committee members discussed the risk in losing individuals who are ready to recover and in need of safe and sober housing by making them wait if they do not have the two weeks sober.
  - Ms. Hernandez asked if they have provided any information on how many residents have gone through their current program, House of Hope (men's recovery housing), and what their success rate is?

- Ms. Cardone stated they have had some success but there are some things that could be improved. Their
  quarterly reports detail current success rate of people who have gone through their program, however, it does
  not track their success after they leave.
- o Ms. Cardone stated that conversations with Mr. Kevin Carr, the current Senior Resident at House of Hope, are critical because he is in the day to day operations and can provide beneficial feedback for the Board.
- Ms. Minor asked if there can be changes or negotiations with the proposal before the Board moves forward with accepting it and Ms. Cardone stated representatives of Family Life Counseling did state they would be willing to negotiate and work with the Board.
  - o Ms. Cardone shared that the Board can phrase the contract in such a way that the proposal is not accepted as is and discussions will be had.
- Ms. Wheeler asked about contract length and Ms. Cardone shared that all contracts are only one year and there are
  clauses in all contracts detailing how the contractual relationship will be managed if services are not appropriate or
  satisfactory.

### • Youth Resiliency Project

- Ms. Cardone shared that the state recently increased the funding for capital funding permanently, with the maximum funding amount from the state increasing from \$500,000.00 to \$750,000.00 because the state recognizes costs are increasing. Mr. Brad Romano reached out to the lead on the Youth Resiliency project at the state to see if, with the increased funding available if they are still doing the 75% match and they stated they are. Mr. Romano recently met with Ms. Cardone and he would like to request the Board increase the match to \$250,000.00 due to potential unexpected extra expenses such as hiring an architect, which is a requirement for the project. To increase the match to \$250,000.00 the Board would need to approve an additional \$85,000.00 for the project. Ms. Cardone stated that the additional funding may not all be utilized but it would be there if it is needed.
  - The committee was in support of the additional funding for the project.

## Q&A

There were no additional questions or concerns from the committee.

#### Attachment I

#### Board appointment language - veto information

#### Vetoed language is in red.

Kept language is in blue.

#### Sec 340.022.

(A) Notwithstanding the membership requirements of section 340.02 of the Revised Code, if the director of mental health and addiction services during the period beginning January 1, 2021, and ending December 31, 2022, grants approval to a board of county commissioners of a county with a population of at least seventy thousand, but not more than eighty thousand, according to data from the 2010 federal census to withdraw from a joint county alcohol, drug addiction, and mental health service district pursuant to section 340.01 of the Revised Code, a board of alcohol, drug addiction, and mental health services that is established as a result of that withdrawal shall meet the requirements of this section.

The size of the board shall be determined by the board of county commissioners representing the county that constitutes the alcohol, drug addiction, and mental health service district, The determination shall be made from among the options that may be selected under division (B) of this section. Once an option is selected, the board of county commissioners shall adopt a resolution specifying the selection that has been made and shall notify the department of mental health and addiction services. After the resolution is adopted and the department is notified, the determination of size is final.

(B)(1) In the case of a board of alcohol, drug addiction. and mental health services that is established on or after the date the director grants the approval to withdraw described in division (A) of this section. any of the following options may be selected by the board of county commissioners when making the determination required under that division:

- (a) To establish a board as an eighteen-member board
- (b) To establish a board as a fourteen-member board.
- (c) To establish the board by selecting a number of members that is not less than seven and not more than nine.

(2) In the case of a board of alcohol, drug addiction, and mental health services that existed immediately prior to the date the director grants the approval to withdraw described in division (A) of this section, either of the following options may be selected when making the determination required under that division:

(a) To continue the board's operation as an eighteen-member or fourteen-member board, as a board of that size was authorized by section 340.02 of the Revised Code at the time the board was established:

(b) Subject to division (B)(3) of this section. to reduce the board's size by selecting a number of members that is not less than seven nor more than nine

(3) The option to reduce the size of the board, as described in division (B)(2)(b) of this section. is available only during the period beginning on the date the director grants the approval to withdraw described in division (A)of this section and ending on the date that is six months thereafter. Before exercising this option, the board of county commissioners shall notify the board of alcohol, drug addiction. and mental health services and provide an opportunity for the board of alcohol. drug addiction. and mental health services to participate in a public hearing, in accordance with section 121.22 of the Revised Code. regarding the proposed reduction.

If a reduction is implemented, the reduction may occur by attrition as members' terms expire or vacancies otherwise occur.

(C) The director of mental health and addiction services shall appoint four members of an eighteen-member board, three members of a fourteen-member Board, and two members of a seven- to nine-member board. The board of county commissioners representing the county constituting the service district shall appoint fourteen members of an eighteen-member board, eleven members of a fourteen-member board, and the remaining members of a seven- to nine-member board.

As the appointing authorities for a board of alcohol. drug addiction, and mental health services, the director of mental health and addiction services and the board of county commissioners shall ensure that at least one member of the board is a person who has received or is receiving mental health services or is a parent or other relative of such a person and at least one member of the board is a person who has received or is receiving addiction services or is a parent or guardian of such a person.

When a board established on or after the effective date of this section the initial appointments shall be staggered among the members as equally as possible with terms of two years, three years, and four years.

(D)(1) Notwithstanding the membership requirements of section 340.02 of the Revised Code, if a county with a population of at least thirty-five thousand but not more than forty-five thousand, according to data from the 2010 federal census, joins an existing alcohol, drug addiction, and mental health service district during the period beginning on June 30, 2021, and ending June 30, 2023, the existing board of alcohol, drug addiction, and mental health services serving that district may elect to expand its membership to eighteen members if the existing board has fourteen members.

(2) The option to expand the board, as provided in division (D)(I) of this section, is available only during the twelve-month period beginning on the date the county with a population of at least thirty-five thousand but not more than forty-five thousand joins the alcohol, drug addiction, and mental health service district served by the board. The additional members shall be appointed in the manner specified in section 340.02 of the Revised Code.

#### **Attachment II**

# OACBHA Week of Appreciation Mini-Grant Agreement 2021

THIS AGREEMENT was made this {Insert day} day of {Insert month} 2021, by and between the {Insert Board Name} Board (hereinafter referred to as "Board") and the Ohio Association of County Behavioral Health Authorities (hereinafter referred to as "OACBHA") with offices at 175 South Third Street, Suite 900, Columbus, Ohio 43215.

WHEREAS, OACBHA, with funding from the Ohio Department of Mental Health and Addiction Services, is offering funding in the form of mini-grants to local Boards to support and show appreciation to those who work directly with individuals struggling to overcome substance abuse disorders, particularly first responders and anyone who may experience burnout or secondary trauma as a result of their work with individuals with addiction. The local Board shall use the funds at their discretion to fund educational and/or promotional products and events, though as these are state dollars, they may not be used to purchase refreshments. The 2021 Week of Appreciation will take place from September 20, 2021 to September 26, 2021.

NOW, THEREFORE, for and in consideration of the mutual promises and benefits to accrue to both parties, it is agreed as follows:

- 1. OACBHA will provide the Board with \$1,500.00 per county in funding from the Ohio Department of Mental Health and Addiction Services to support and recognize local first responders and those who work directly with individuals struggling to overcome addiction.
- 2. The Board will provide the following to OACBHA:
  - a. A preliminary plan for expending the funds to be submitted within four weeks of signing the agreement. For multi-county boards, this plan must include how the \$1,500 will be spent in each county. The funds must be encumbered by September 28, 2021.
  - b. A final report with a detailed list of items, advertisements, and/or resources that were purchased and/or distributed utilizing the funds to be submitted no later than October 31, 2021.

This Agreement shall remain in full force and effect until October 31, 2021 or upon completion of the deliverables identified in this agreement, if that occurs first. This Agreement may be terminated by either party hereto upon written notice given at least (30) days prior to the date of termination set forth in such notice. In the event of termination, the Board will be reimbursed for any documented costs incurred up to the point of termination, not to exceed the total amount of the contract. This Agreement shall only be amended on such terms as are mutually agreed to by OACBHA and the Board.

This Agreement contains the entire understanding of the parties and supersedes any prior understanding, written or oral.